

Leaning Ladder Instructor Course

Who should attend?

This course has been developed for in company training instructors whose business has already trained their employees to use and inspect leaning ladders but currently use these without any means to prevent a fall.

Course Aims

We aim to provide each instructor with the underpinning knowledge and practical skills to safely train their company employees to use fall protection equipment on leaning ladders when accessing property elevations. During this training candidates will be introduced to items of personal fall protection equipment which will enable the individual to safely reach their working position maintaining 3 points of contact.

Pre-requisites

Each attendee requires a Tetra leaning ladder kit and must be familiar with WAH practices using ladders. Prep work will be required overnight between day 1 & 2. All attendees must be medically fit to attend – Completion of a medical statement sheet is mandatory.

Course information

2-day duration, maximum 8 people.
An Instructor Guide and Instructor Pack will be issued to each attendee.

Certification:

E-Certificates will be issued upon successful completion of the course and assessments. This will be valid for 3 years from date of course.

Course content includes:

Day One:

- Understand the content of the instructor guide and the layout for delivery to candidates.
- Know the difference between work restraint & fall arrest and the importance of correct anchorage.
- Understand the method for fitting, usage & inspection of all fall protection equipment (FPE) specified for this course, including the system limitations.
- Understand the access methods for ladders on elevations including the requirements for self-rescue.
- Know the different methods for anchoring the leaning ladder system.
- Demonstrate the method for securing and using FPE on leaning ladders.
- Complete overnight and open written assessment & prepare for the assigned classroom tasks.

Day Two:

- Day 1 questions & open book review.
- Legislation
- Preparation – Classroom & instructional sessions.
- Classroom sessions – 10 minutes per person.
- Instructional sessions – Leaning Ladder.

All training is designed and delivered to meet BS 8454:2006 code of practice for the delivery of training and education for work at height and rescue.